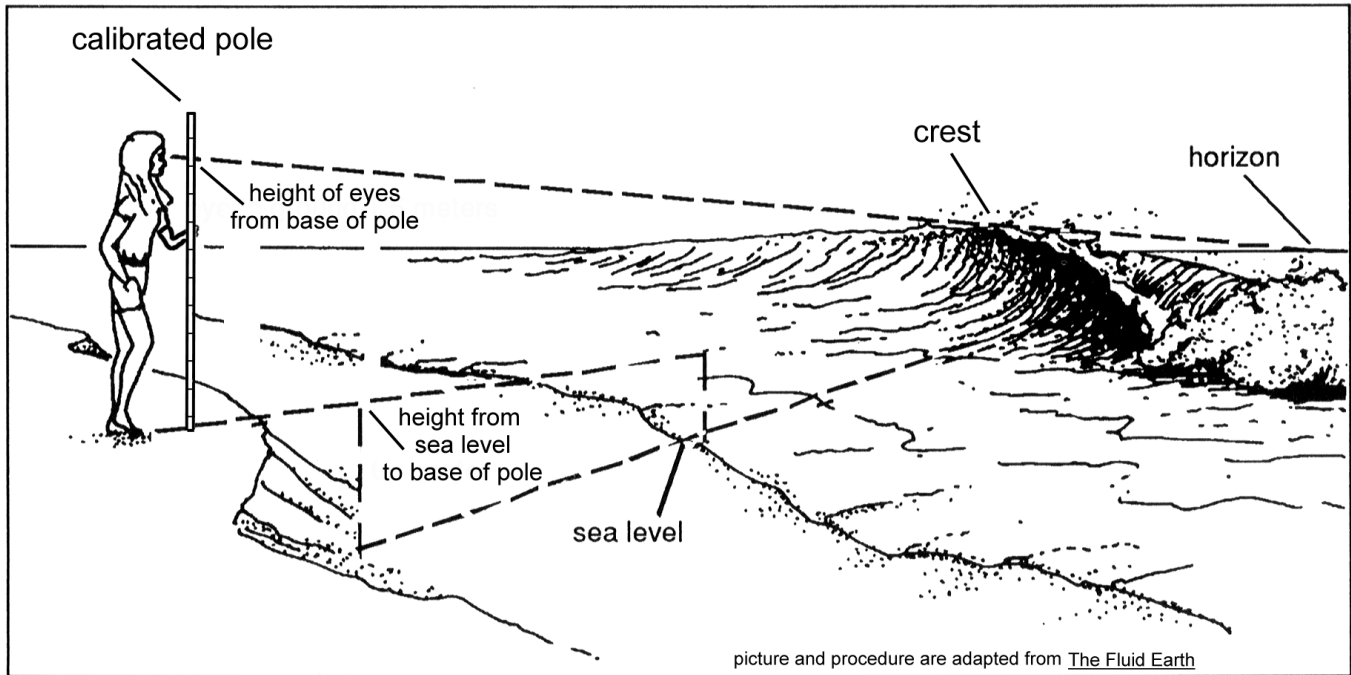
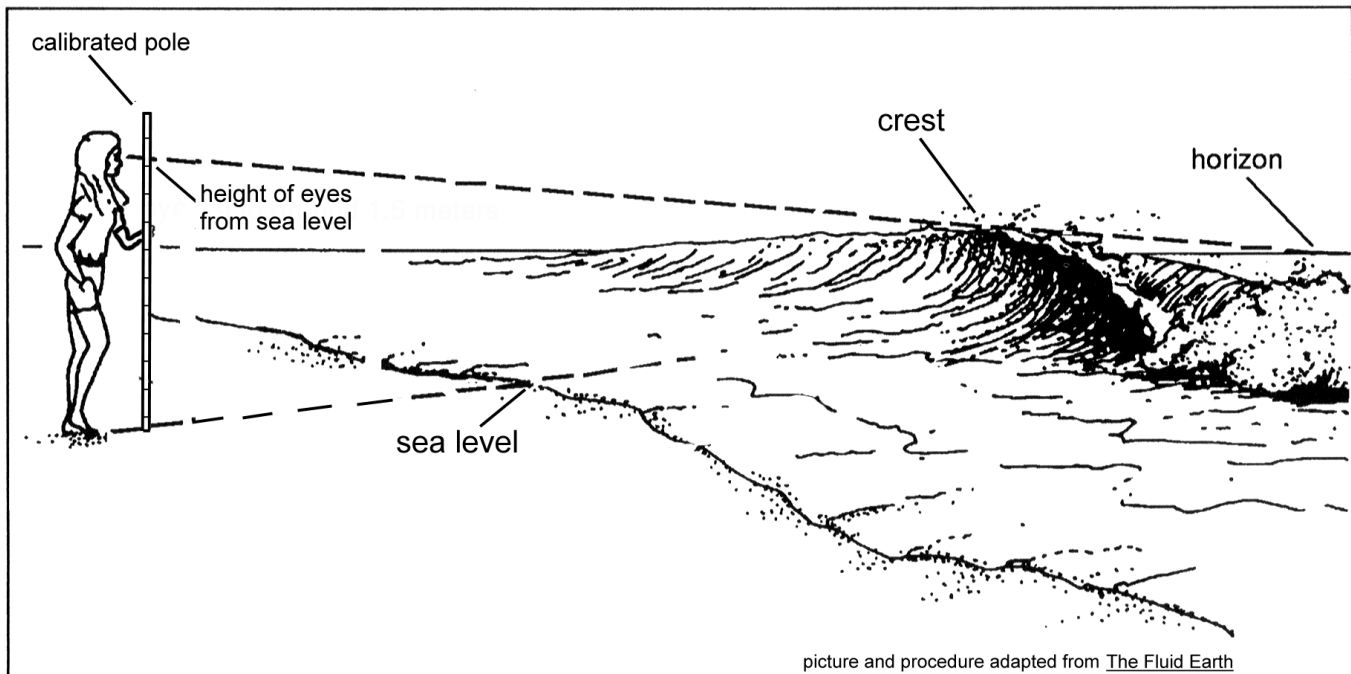




## How to Measure Surf Size (the distance from trough to crest: the face of the wave)

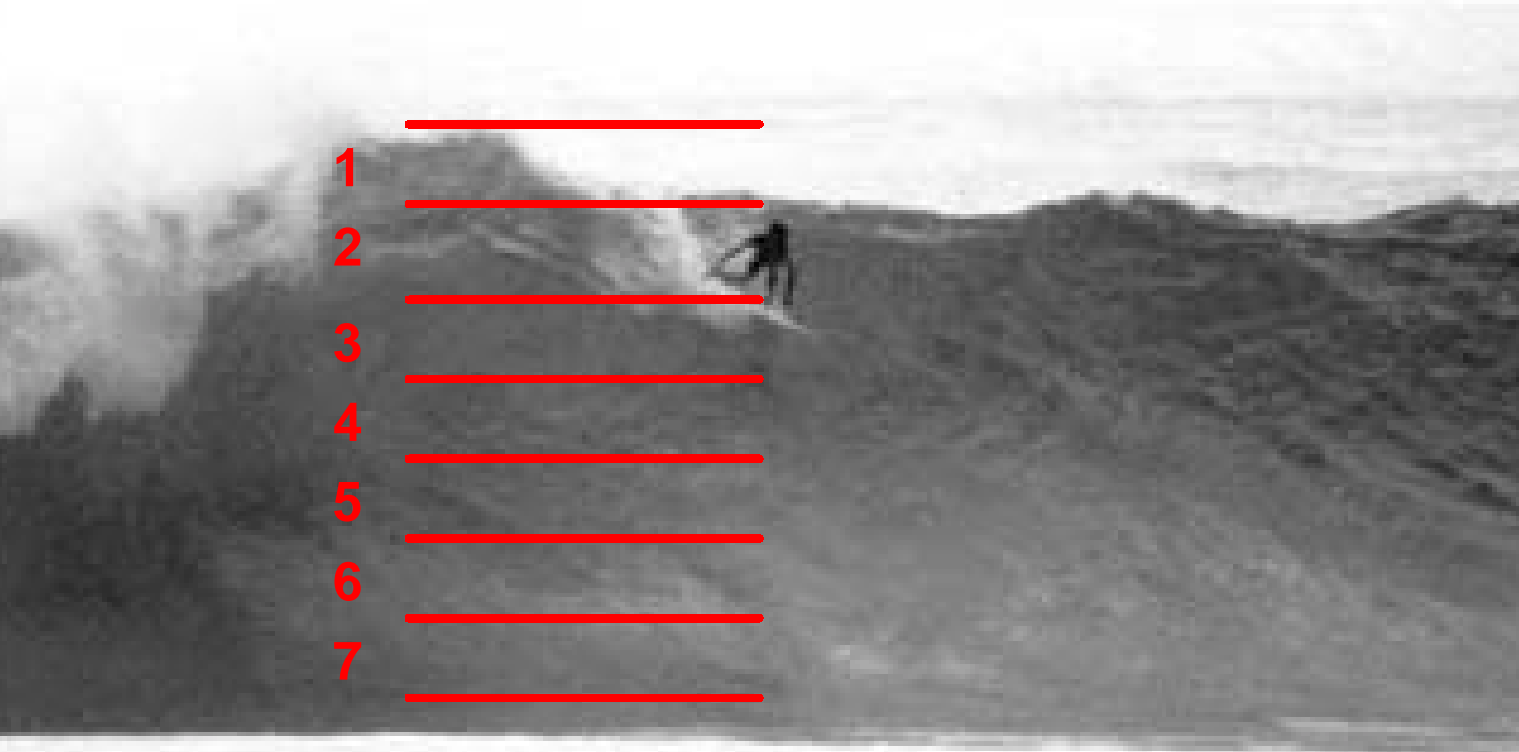


**Figure 3 - Measuring big surf.** Add height measured on pole to height of pole above sea level.



**Figure 3 - Measuring small surf.**

# Estimating wave height by comparison:



**The MAX. WAVE HEIGHT can also be estimated by comparing the wave to an object, such as a surfer, in the water.**